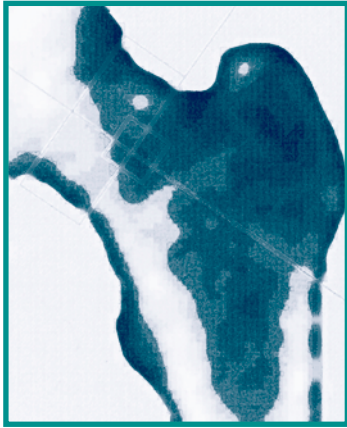


The end result?



A typical DEXA Scan of the hip

Your Appointment is:

Time: _____

Day: _____

Date: _____

PENRITH IMAGING

If you have any other questions,
please do not hesitate to contact
us or your referring doctor

Penrith Imaging Branches

Dexa Scans are conducted at the branch below

16-18 Castlereagh Street,
Penrith 2750
Phone: (02) 4731 6977
Fax: (02) 4721 2756

Dexa Scan

Patient
Information

PENRITH IMAGING

PENRITH IMAGING

What is a Dexa Scan?

Dual Energy X-ray Absorptiometry or DEXA is a highly accurate way of assessing bone density and hence bone strength. It is a relatively new technique using a very low radiation dose and it does not involve any injections.

When is it used?

Dexa is used in the diagnosis and assessment of osteoporosis and its response to therapy, including oestrogen replacement therapy. Osteoporosis is a complex condition in which the bones become demineralised, making them brittle and liable to break easily. If osteoporosis is detected early enough, therapy can be instigated which may reduce the incidence of osteoporotic fractures.

How do I make an appointment?

Dexa scans are available at Penrith Imaging Castlereagh Street branch, Monday to Friday. You can phone our office to make an appointment. Our receptionist will discuss with you whether you are eligible for a Medicare rebate. If you have recent x-rays of your lumbar spine please bring them with you when you attend for your scan.

Please let us know when you make the appointment if you are pregnant.

Although the radiation dose is extremely low it is always best not to expose the foetus to any radiation. If you have had a recent Barium Meal, Barium Enema or Nuclear Medicine scan we can advise how much time to allow before your Dexa scan.

Do I need anything?

If elastic waisted skirts or trousers are worn, there will be no need to remove any clothing (zippers and buttons can interfere with the scan results).

Will it take long?

The scan takes about 25 minutes and the results are usually available in an hour.

What happens?

The scan is performed by a radiographer trained in the use of our NORLAND DEXA SCANNER. There are NO injections and most people find the positions quite comfortable. You will be asked to lie on the scanning table and the radiographer will position the scanning arm over the appropriate part of the body.

We routinely scan one hip and the lumbar spine. In special circumstances we may scan the wrist or total body. When your scan is complete, it is analysed and the results printed. The radiologist interprets the results and a typed report is included with the scan results for your doctor. If you require a follow-up scan after therapy we can bring up your previous scan results on the computer and a comparison scan can be performed.

Please Remember to bring your referral and any previous films with you